

Wakefield Elementary School Lunch Program 2016 - 2017

Dear parents and students of the Wakefield School,

We would again like to thank everyone for their participation in the program. Your feedback is important to us.

As always catering available throughout the year.

We also serve a delicious brunch every Sunday from 9-2 at Kaffe 1870.

Call me anytime at [819-230-3393](tel:819-230-3393) should you have any questions or concerns.

I can also be reached at mccarron.m.lauren@gmail.com.

Yours,

Lauren McCarron

November 2016			
Monday	Tuesday	Wednesday	Thursday
	1 Chicken Noodle Soup with Bread and Butter	2 * Perogies with Salad	3 * Quesadillas with Rice and Salad
7 * Mac & Cheese Monday!	8 Tacos with Rice & Salad	9 * Grilled Cheese with Salad	10 * Fettucini Alfredo with Garlic Bread
14 * Mac & Cheese Monday!	15 Mini Burger with Homemade Fries and Cole Slaw	16 * Vegetable Noodle Soup with Bread and Butter	17 * Vegetarian Lasagna and Garlic Bread
21 * Mac & Cheese Monday!	22 Shepherd's Pie	23 PD Day	24 PD Day
28 * Mac & Cheese Monday!	29 * Pancakes with Fruit and Yoghurt	30 * Vegetable Stew on Rice	

*Vegetarian

Desserts: homemade cookies, muffins, cakes, fruit and other yummy selections

Order Form

Return Order Form to the school with payment by October 15th.
Cash or cheque payable to Lauren McCarron.. E-transfers accepted.
Thank you.

Please circle the days you would like at **\$6.50/day**

1	2	3	7	8	9	10	14	15	16	17	21	22	28	29	30
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or

Entire Month at \$6.00/meal = \$96.00

Student's Name: _____

Parent Name: _____

Telephone: _____ Alternate Telephone: _____

Email: _____

Teacher's Name: _____ Grade: _____

Allergies/Notes: